



THE FLAME



Volume XII Issue VI

“Put out” by the Camas Valley Fire Department Auxiliary

July 2012

Camas Valley Fun Days 2012

Camas Valley Fun Days starts the 2012 season on **Friday July 13**. Gates open at 3 pm. Bike and ATV test and tune is from 3:30-6:00 pm.

Saturday, July 14 starts early and runs late. The schedule for the day:

7 am-10 am	Technical Obstacle Course Vehicle Tech.
9 am-11 am	Bikes and ATV Tech.
10 am	Technical Obstacle Course Starts
11 am-5 pm	4X4 Drags Vehicle Tech.
Noon-12:30 pm	D-class 200-400 cc. Flat Track
12:45-1:15 pm	E-class 401-700 cc. Flat Track
1:30-2 pm	G-class Dirt Bikes 125 cc. 2 stroke-250 cc. 4 stroke
2:15-2:45 pm	H-class 250 cc. 2 stroke-450 cc. 4 stroke
3:30 pm	Kids Flat Track
5 pm	ATV and Bike Drags
7-10 pm	4X4 Drags (*)

Sunday, July 15 schedule:

9:30 am	Barrels
11 am	Flat Track and Team Relay
1 pm	Mud Bog Drags (*)



(*) go to www.camasvalleyfunday.com for classes

Camas Valley Fun Days is presented by **Camas Valley Mud Dawgs** and supports the **Camas Valley Fire Department Building Fund**. [See related article, pg. 6]

GENERAL ADMISSION

Gate admission fee	\$5
Seniors	\$3
Children under 12	<u>Free</u>
Camping (weekend)	\$20

EVENT FEES

4-wheel dirt events	\$25
Spouse w/ <u>same</u> vehicle	\$15
ATV events	\$25
Technical obstacle course	\$25
Youth ATV event	\$15
Add a class	\$10
Bump a class	\$5

[This is an alcohol-and drug-free event. The event organizers have the right to remove anyone that is found in violation. Please be respectful of other racers and spectators at all times. All spectators and contestants will be required to sign a release to enter the event. Organizers reserve the right to refuse entry to a race or to enter the event.]

Grange dates the same, meetings different

Hope the change in order of the meetings doesn't confuse anyone! Have a great Fourth of July!

- ♦ Wed. the **4th** 10 AM Business meeting includes planning for luncheons.
- ♦ Wed. the **11th** Noon Ladies' Luncheon, with bingo
- ♦ Wed. the **25th** Noon Senior Luncheon, bingo proceeds to go to a scholarship for a senior next year.

Share the bounty

Gardens will soon be producing and it is so hard to pull up a plant loaded with zucchini. Donate your surplus fresh produce to the Dillard-Winston Food Pantry.

The barrel in the Post Office is a direct path to your hungry neighbor's table. Call **Betty** for details at **541-445-2855**.



Email for an out-of-valley experience!

Want to keep the college student informed about happenings in Camas Valley? Or know former residents that like to keep up?

Send their name and email address to Judith at jwickham52@gmail.com and an electronic copy will be sent to them each month.

Or call **541-733-6940** and leave your name and number so Judith can call you back for info.

Thank You For Your Support

We received donations this month from:

James and Bernice McClellan

Remember our Flame is published using donations only. They may be mailed to:

Vonnie Wallace
1200 Westside Road
Camas Valley, OR 97416

Please make checks payable to **Camas Valley Rural Fire District** and designate them for **THE FLAME**.

The Flame

The Flame is a monthly publication of the Camas Valley Rural Fire District Auxiliary. The mission of this newsletter is to keep the residents of Camas Valley informed about the events and activities of the fire department, churches, school and civic organizations that are in Camas Valley.

The Flame is provided free to all residents of Camas Valley.

Articles may be submitted by the **25th** of the month to one of the following:

Jan Baker at 445-2443
Judith Wickham at 733-6940
jwickham52@gmail.com or
150 Buck Springs Rd. Camas Valley

Have a happy and safe Fourth of July!

Fireworks Safety

From Douglas Forest Protective Association



The **Douglas Forest Protective Association** would like to wish everyone a happy, but safe 4th of July. Many areas throughout the county have already shown signs of dry conditions. Grasses and other fast-burning fuels are already capa-

ble of posing a serious fire threat.

The DFPA reminds all residents to heed caution when celebrating with fireworks during the holiday weekend. Following is a list of specific fire prevention tips residents can utilize when celebrating.

FIREWORKS:

- Ø The use of fireworks is strongly discouraged on forest, brush and grazing lands in the DFPA's protection district.
- Ø Make sure that any fireworks you use are the legal type that can be purchased from authorized dealers in Oregon. Devices that fly or explode are illegal under Oregon law.
- Ø Even legal fireworks can ignite a fire, so it is highly recommended to only use fireworks in safe display areas such as cement driveways and patios or green, wet short-cut lawns. Keep a safe distance from dry grass and buildings.
- Ø Dampen the display area with a garden hose before igniting any fireworks and keep the hose or another water supply close by throughout the display.
- Ø Children should have close adult supervision while using fireworks.
- Ø Do not throw lit fireworks into the air. They may land where they can start a fire or cause serious injury. Never attempt to pick up or re-ignite duds.
- Ø Place discarded matches, used fireworks and duds in a metal container filled with water.

Wet down and clean up the display area after using fireworks.

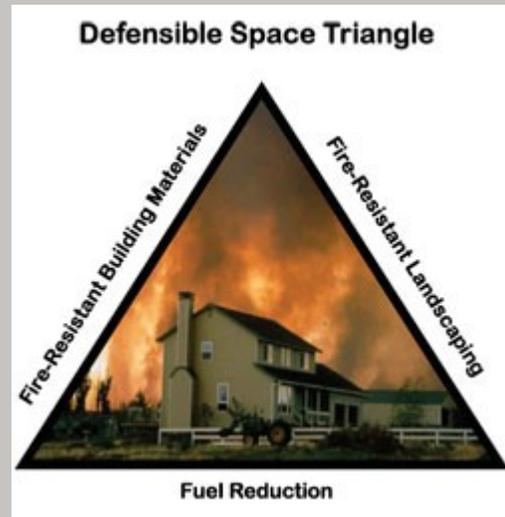
For additional forest closure and fire danger information visit the Douglas Forest Protective Association's website at www.dfpa.net, or call the 24-hour Closure Information Line at **(541) 672-0379**.

Do You Have Defensible Space?

Making your property resistant to wildfire involves three key elements shown in the "Defensible Space Triangle." They include:

- ◆ a home constructed or retro-fitted with fire-resistant building materials (e.g., fire-resistant roof);
- ◆ having fire-resistant landscaping around your home;
- ◆ removing fuel around your home.

When you incorporate all three elements of the Defensible Space Triangle, your home and property are more likely to survive a wildfire. The resources listed below will help you create a defensible home and landscape.



Build Defensible Space Around Your Home

There are many thousands of Oregonians living in the wildland/urban interface or those areas where the homes are intermixed with the forest. You've read the stories, seen the pictures on TV, and heard homeowners talk about the devastation they returned to after a wildfire burned through their neighborhoods. Most of that devastation could have been prevented with some planning and a little hard work.

Mary Ellen Holly, President/CEO of the Keep Oregon Green Association, advises that those who live within the Interface should make sure they have at least 30 feet around the perimeter of their homes cleared by:

- ◆ Removing the dead and dying material that accumulates around forest homes. Cut out the dead branches or brush, clean the leaves and needles out of the gutters and off the roof.
- ◆ Pruning branches from the lower 10 feet of trees to remove "ladder fuels." (Ladder fuels take a ground fire into the tops, or crowns, of trees.) Prune any branches that may be overhanging the home and/or chimneys.
- ◆ Planting fire-resistant landscapes. Most fire resistant plants can be found at your local nursery.

This is a great website for fire home safety: <http://www.firewise.org/>

Fire Season Began June 16th

The Douglas County Forest Protection Association announced that the 2012 fire season began on Saturday, June 16th, 2012. The start of fire season means the end of unregulated outside debris burning for Douglas County residents. Burn Permits will be required and available until **June 30th, 2012**. Residents need to check with their local fire departments for burning restriction within their dis-

tricts. It also activates industrial fire restriction on all private, county, state, and BLM lands.

The season starts with **Industrial Precaution Level (IFPL) 1**, which requires industrial operators working in wildland areas to secure specified fire tools. Smoking is prohibited while working on or traveling through an industrial operation and a fire watch service is required

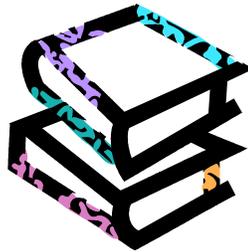
at all industrial operation sites. As fire season progresses, additional closures and restrictions may be imposed as weather conditions become more severe.

For further information on fire restrictions and forest closures on lands protected by DFPA, call its Closure Information Line at (541) 672-0379. For other Business, call the DFPA headquarters at (541) 672-6507.

CAMAS VALLEY CHARTER SCHOOL NEWS



SCIENCE TEXTBOOK ADOPTION



Camas Valley Charter School is looking into purchasing new science textbooks and is in need of having parent participation in this process. There are a few programs under consideration. Samples are being requested so people can look through the materials and evaluate the options.

If you would like to be notified of times and dates to come in and look at what is available, please contact the school office at **445-2131**. The district is looking to have a decision by mid-July.

CHARTER COUNCIL

There is a vacancy on the Charter Council for parent/community members. The Charter Council needs to have community representation. Please consider becoming a member or urge someone you think will be a strong community representative to do so.

Please contact the school office for more information. **445- 2131**.



Camas Valley Farmers Market



Are you known for the delicious tomatoes that come from your garden in great quantities? Make a pretty marvelous loaf of bread? Interested in making a few bucks off your talents?

Mike Cay is organizing a weekly farmers market beginning Friday, July 20 running from 9-4. This will be a direct market from producer to consumer; not a flea market, please. The market will be located on both sides of Hwy 42 at the **United Methodist Church** parking lot and **Kay's Mkt.** parking lot.

Call Mike at
1-541-207-7282.

Apologies to all

We do apologize to all parties that were affected by the late delivery of the June issue of The Flame. The school's copier died at the worst possible time! But isn't that the way it always goes?

VOLUNTEERS NEEDED FOR FUN DAYS

Have a few hours you are willing to trade for a free pass into the **Camas Valley Fun Days**? Volunteers are needed to assist with collecting entrance paperwork and fees, parking, be a go-fer, etc. An economical (and civic-minded!) way to have a full day of ATV and 4x4 enjoyment. Support your Fire Dept. and have fun, too! Call **Vonnie** for details **541-445-2355**.

JESUS BOOT CAMP

THE LORD WANTS YOU!

August 3rd, 4th, 5th 2012

.....
Bring your clapping hands and stomping feet and learn to be all that you can be in the

.....
LORDS ARMY!

.....
All children ages 5-12yr old are invited to join us for

.....
Creation Camp hosted by Camas Valley Christian Fellowship. The fee is \$15 a child or \$45 for a family.

.....
Please register By July 13th.

.....
If you have any questions call Shelly Standley @733-9562.



Mike Cay
1-541-207-7282.

STONE SOUP SUPPERS

Starting Tuesday June 26th 6-7:30 pm, weekly community soup suppers will be held at the UM Church **fellowship hall** for all to enjoy. To start, the fare will be simple, but always **free**—ramen soup, peanut butter & jelly sandwiches, and maybe chips. We hope to build upon this simple base, just like the famous Stone Soup of children’s book fame.

This is a simple outpouring of concern for hunger in our valley, no strings attached. Questions? Call **Mike**.

Camas Valley Football Kick-Off Luau

Friday August 17th 6 pm
At the Football Field
\$15 adults
\$10 children under 12
PLEASE PREPAY



Byron Peck will be making Kalua pig, side dishes, dessert, and drinks!
Entertainment provided by the Camas Valley Football Team.
Please come and support our kids and enjoy a LUAU!!!
Prices will increase by \$5 a ticket for at the gate sales.

Contact **Jodi Peck 541-733-5278** for tickets or find a football player!!!
You can mail your check made out to **Camas Valley Booster/Football Fund** to:
1570 Main Camas Road, Camas Valley, OR 97416.

Please indicate how many adults and children you are purchasing tickets for.
Get your tickets early! We are anticipating approximately 450 people.

Camas Valley Football Kick-Off Luau

(Please make checks payable to: Camas Valley Booster/Football Fund)

Name _____
Number of adults _____ @ \$15 each _____
Number of children under 12 _____ @ \$10 each _____
Total _____
Check # _____

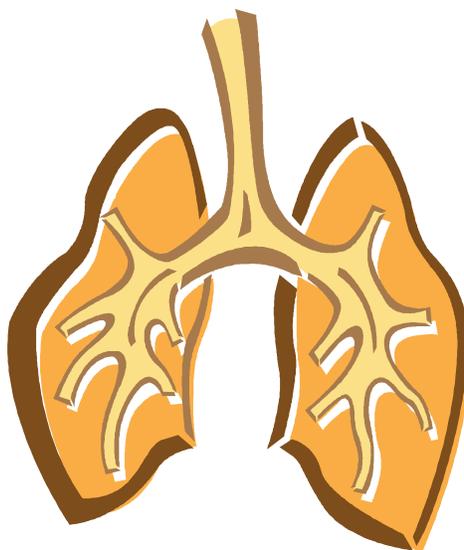
Thank you for supporting the Camas Valley Football team!

BREATHE!

A brief overview of our lungs and the diseases that affect them.

We all have them but do we know what they look like and how important our lungs are? The lungs are the essential organs of respiration; they are two in number, placed one on either side of the chest cavity and separated from each other by the heart.

The lung itself is of a light, porous, spongy texture; it floats in water, and makes a crackling sound when handled, due to the presence of air in the alveoli (air sacs). Lungs are also highly elastic, so look deflated when they are removed from the chest. The lungs are part of a complex ap-



paratus, expanding and relaxing thousands of times daily to bring in oxygen and expel carbon dioxide.

Lung disease can result from problems in any part of this system and are some of the most common medical conditions worldwide. Tens of millions of people suffer from lung disease in the U.S. Smoking, infections, and genetics are responsible for most lung diseases.

All of the conditions listed below can affect your intake of oxygen. Next month we will take a quick look at these disorders.

Asthma

Chronic obstructive pulmonary disease (COPD)

Emphysema

Acute bronchitis

Cystic fibrosis

Pneumonia

Tuberculosis

Pulmonary edema

Lung cancer

Acute respiratory distress syndrome (ARDS)

Pneumoconiosis

Interstitial lung disease (ILD)

Pulmonary embolism (PE):

Pulmonary Hypertension

Idiopathic pulmonary arterial hypertension

Pleural effusion

Pneumothorax

Mesothelioma

Obesity hypoventilation syndrome

Neuromuscular disorders

—Ketti Walker, RN



July

Let every nation know, whether it wishes us well or ill, we shall pay any price, bear any burden, meet any hardship, support any friend, oppose any foe, to assure the survival and success of liberty – John Fitzgerald Kennedy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Stone Soup Supper 6-7:30	4 Independence Day Grange Bus. Mtg. 10 am @Grange Fire Dept. Training 7pm	5 Transfer site	6	7
3	4 Fire Dept. Bd. Mtg. 6	10 Stone Soup Supper 6-7:30	11 Grange Ladies Lunch Noon w/ Bingo Fire Dept. Training 7pm	12 Transfer site	13 Camas Valley Fun Days	14 Camas Valley Fun Days
15 Camas Valley Fun Days	16	17 Stone Soup Supper 6-7:30	18 Fire Dept. Training 7pm	19 Transfer site	20 Camas Valley Farmer's Market 9-4	21
22	23	24 Stone Soup Supper 6-7:30	25 Grange Senior Lunch Noon w/ Bingo Fire Dept. Training 7pm	26 Transfer site	27 Camas Valley Farmer's Market 9-4	28
29	30	31 Stone Soup Supper 6-7:30				

Camas Valley Churches

<p>Camas Valley Missionary Church</p> <p><u>Sunday</u></p> <p>Sunday School 9:30 am Morning Worship 10:45 am</p> <p><u>Wednesday</u></p> <p>Bible Study 10:00 am</p>	<p>Camas Valley Christian Fellowship</p> <p><u>Sunday</u></p> <p>Men's Prayer 7:30 am Morning Worship & Sunday School 10:00 am</p> <p><u>Wednesday</u></p> <p>Prayer service 5:30 pm Worship Generation Coffee Bar 6:30 pm Worship 7-9 pm</p> <p><u>C.E.L.L. Groups</u></p> <p>Bob & Shelly Powell in Camas Valley. Andy Standley, leader. Fri. at 6:30 pm. Contact info: (541) 445-2894.</p> <p>Ron & Ronda Rust in Camas Vly. Thurs. at 7 pm Contact info: Steve & Dianne Lounsbury (503)545-7878 or Ron & Ronda Rust (541) 445-2220.</p>	<p>Camas Valley United Methodist</p> <p><u>Sunday</u></p> <p>Morning Worship 9:00 am & Children's Sunday School</p> <p>Fellowship 10:00 am w/ beverages and snacks</p> <p><u>Tuesday</u></p> <p>Bible Study 2:00 pm</p>
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Camas Valley Volunteer Fire Department
PO Box 220
Camas Valley, OR 97416