



OCTOBER 2023

	Mon	Tue	Wed	Thu	Fri
Breakfast	2 Asstd Cereal wgr String Cheese, Fruit, Fresh, Dry, Canned ,100% Juice & Milk	3 Breakfast Round w String Chz, FF Yogurt Fruit, Fresh, Dry, Canned 100% Juice & Milk	4 Muffin WGR String Chz/FFYogurt Fruit, Fresh, Dry, Canned, 100% Juice & Milk	5 Biscuit & Gravy String Cheese Fruit, Fresh, Dry, Canned ,100% Juice & Milk	6 NO SCHOOL
	9 Asstd Cereal wgr String Cheese Fruit, Fresh, Dry, Canned ,100% Juice & Milk	10 Bagel WGR Cream Cheese Fruit, Fresh, Dry, Canned ,100% Juice & Milk	11 Muffin WGR Yogurt/String Cheese Fruit, Fresh, Dry, Canned ,100% Juice & Milk	12 Biscuit & Gravy, Fruit, Fresh, Dry, Canned ,100% Juice & Milk Juice Milk	13 NO SCHOOL
	16 Asstd Cereal wgr String Cheese Fruit, Fresh, Dry, Canned ,100% Juice & Milk	17 Breakfast Bar WGR String Cheese Fruit, Fresh, Dry, Canned ,100% Juice & Milk	18 Blueberry Muffin WGR, String Cheese or FFYogurt. Fruit, Fresh, Dry, Canned ,100% Juice	19 Biscuit & Gravy String Cheese Fruit, Fresh, Dry, Canned ,100% Juice & Milk Juice & Milk	20 NO SCHOOL
	23 Asstd Cereal wgr String Cheese Fruit, Fresh, Dry, Canned ,100% Juice & Milk	24 Breakfast Round WGR String Cheese Fruit, Fresh, Dry, Canned ,100% Juice & Milk	25 Asstd Muffin-WGR, FF Yogurt/ String Cheese, Fruit, Fresh, Dry, Canned ,100% Juice & Milk	26 Biscuit & Gravy, String Chz Fruit, Fresh, Dry, Canned ,100% Juice & Milk Juice & Milk	27 NO SCHOOL
	30 Asstd Cereal wgr String Cheese, Fruit, Dry, Fruit, Fresh, Dry, Canned ,100% Juice & Milk	31 Bagel WGR Cream Cheese Fruit, Fresh, Dry Canned, 100% Juice & Milk			

Lunch	2 Chicken Burger Bun Turkey & Cheese Sandwich WW	3 Spaghetti & Meat Sauce Sub Sandwich WG	4 Cheeseburger Ham & Cheese Sandwich Tots	5 Corn Dog WGR PB&J Sandwich ww	6 NO SCHOOL
	9 Crispy Chicken Bowl Ham & Cheese Bun	10 Beefy Cheese Burrito Cheese Burrito WW	11 Cheeseburger or Turkey & Cheese Sandwich WW	12 BBQ Pork Sandwich PB&J Sandwich	13 NO SCHOOL
	16 Chicken Nuggets WG Turkey & Cheese Sandwich WW	17 Assorted Pizza WW PB&J Sandwich	18 Cheeseburger ww Ham & Cheese Sandwich WW	19 Hotdog WG Bun PB&J Sandwich ww	20 NO SCHOOL
	23 Chicken Nuggets Ham & Cheese Sandwich WW	24 Mac & Cheese & Ham WW American Sub	25 Cheeseburger ww Chicken Salad	26 Turkey Taco Crunch PB&J Sandwich ww	27 NO SCHOOL
	30 Spicy Chicken Sandwich WW Turkey Chz WW	31 Pizza Stick w/ Marinara Sauce PBJ Sandwich WW			

Lunch—1% milk, fat-free chocolate milk and salad bar served daily. Breakfast—1% milk, fat-free chocolate milk, assorted juice .

This institution is an equal opportunity provider.