

# **Camas Valley School District 21**

## **Camas Valley School Policy**

**Code: EFA**

**Adopted: 05-21-2026**

### **Local Wellness**

The Board recognizes that student wellness and a healthy school environment support student learning. The District shall maintain a current written local school wellness policy for all schools participating in the National School Lunch Program and/or School Breakfast Program, as required by law.

This policy is intended to promote student wellness, prevent and reduce childhood obesity, and help ensure that school meals and other foods and beverages sold or otherwise made available to students on the school campus during the school day are consistent with applicable federal and state standards.

### **Wellness Goals**

In developing and reviewing this policy, the District will review and consider evidence-based strategies and techniques. The District establishes the following goals:

#### **A. Nutrition Promotion**

The District will promote healthy food and beverage choices and encourage student participation in school meal programs.

#### **B. Nutrition Education**

The District will provide age-appropriate nutrition education designed to support healthy eating behaviors.

#### **C. Physical Activity**

The District will support opportunities for physical activity during the school day and, as practical, before and after school.

#### **D. Other School-Based Activities**

The District will support school-based activities that promote student wellness and a positive school environment.

### **Nutrition Standards for Foods and Beverages**

#### **A. Foods and Beverages Sold to Students**

All foods and beverages sold to students on the school campus during the school day shall comply with:

1. applicable federal meal requirements;
2. federal Smart Snacks in School standards; and
3. applicable Oregon nutrition standards.

## **B. Foods and Beverages Provided but Not Sold**

Foods and beverages provided, but not sold, to students during the school day shall be consistent with applicable law and District standards intended to support student wellness.

### **Food and Beverage Marketing**

Only foods and beverages that meet applicable Smart Snacks nutrition standards may be marketed to students on the school campus during the school day.

### **Implementation and Oversight**

The Board designates the Superintendent/Principal or designee as the official responsible for implementation and oversight of this policy.

The responsible official shall ensure that the school complies with this policy and applicable law, including required monitoring, review, public notification, assessment, and recordkeeping.

### **Stakeholder Participation**

The District will permit participation by parents, students, school meal program personnel, physical education teachers, school health professionals, the Board, school administrators, and members of the general public in the development, implementation, periodic review, and update of this policy.

The District will use reasonable methods to provide notice of participation opportunities and to receive public comment and input.

### **Public Notification**

The District will inform the public annually about the content and implementation of this policy and will make this policy and any updates available to the public annually.

The District's annual public notice may include progress toward the goals of this policy, any updates made to the policy, and information about how members of the public may provide comment and input.

The District will also make the results of the triennial assessment available to the public in an accessible and understandable manner.

### **Triennial Assessment**

At least once every three years, the District will assess:

1. the extent to which the school is in compliance with this policy;
2. the extent to which this policy compares to model local school wellness policies; and
3. the progress made in attaining the goals of this policy.

Following each triennial assessment, the District will review the results and update or modify this policy as appropriate.

### **Recordkeeping**

The District will retain records as required by law to document compliance with this policy, including:

1. the written local school wellness policy;
2. documentation that the policy and any updates have been made available to the public and that stakeholders have been provided an opportunity to participate; and
3. documentation of the most recent triennial assessment.

## **Policy Review**

This policy shall be reviewed and revised as required by law.

## **END OF POLICY**

### **Legal Reference(s):**

ORS 327.531

ORS 327.537

ORS 329.496

ORS 332.107

ORS 336.423

OAR 581-051-0100

OAR 581-051-0305

OAR 581-051-0306

OAR 581-051-0310

OAR 581-051-0400

Healthy, Hunger-Free Kids Act of 2010, 42 U.S.C. § 1758b (2018).

National School Lunch Program, 7 C.F.R. Part 210 (2022).

School Breakfast Program, 7 C.F.R. Part 220 (2022).